# Fairchild

92nd Air Refueling Wing • Fairchild AFB, Wash. Vol. 9, No. 27 • July 8, 2005 NKAWTG! • Tanker Pride

### **TANKER PRIDE**



"Fairchild, it was an honor to work side-by-side with you and I hope that my next position is as fruitful as my time spent with all of you."

Col. Anthony M. Mauer former commander, 92nd Air Refueling Wing

# **LOCAL NEWS** Pleased to meet you Team Fairchild A2

New commander eager to meet the men and women of Fairchild and continue improving the installation

Fairchild's newest promotees A2

See Fairchild's latest list of promotions to captain

On the beat A3

Security Forces patrolmen share their stories of responses to past weeks incidents around base

# **GLOBAL NEWS**

# Religious tolerance in the military A4

Chief of Staff of the Air Force shares his views of the practice of religion for military members

# Chaplain's story of upbringing A4

South Korean immigrant now providing spiritual guidance to Air Force members

### Iraq's course for present, future A4

SECAF encourages troops to remain dedicated to the task at hand, prepare for the future

# Weekend Weather

TODAY - L 54° H 75





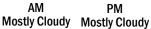
**Mostly Cloudy** SATURDAY - L49° H69





SUNDAY - L









(Left) Colonel Anthony M. Mauer, the former commander of the 92nd Air Refueling Wing, spoke with people in attendance for the firework display in downtown Spokane July 4. As part of the celebration, Col. Tony Hinen, the vice commander of the 92nd Air Refueling Wing, spoke via radio to the crowd below. (Above) Colonel Hinen, piloted one of Fairchild's KC-135 Stratotankers over the city of Spokane. His fist pass had the boom down for display, but was followed by a high speed pass with the boom up. This was the final appearance for both the colonels at Spokane's July 4 festivities.

# New computer troubleshooting process underway at Fairchild

Senate confirms Moseley as next CSAF

By Master Sgt. Scott King 92nd ARW Public Affairs

A Pathfinder Test Program at Fairchild has been in effect since February 7 and will run

through December. Fairchild was selected as the base to conduct an Air Force-level workgroup management manpower study referred to as the Pathfinder-Workgroup Management Test Program. Workgroup management duty is identified as a responsibility of the 3A0XX career field, but is performed overall as an additional duty by any

AFSC within the functional communities. This study will consolidate all workgroup management functions into one central location and test the feasibility of one career field performing workgroup management activities throughout a base.

"While customer service is a key aspect of the program, the primary goals of this test are to measure 3A0 workload, improve 3A0 skill sets to support mission requirements, enhance network security and most importantly, capture the time and effort our 3A0X1s put forth performing client support administration (formerly known as workgroup management)," said Senior Master Sgt. Mick Woods, superintendent of the information systems flight for the 92nd Communications Squadron.

SAN ANTONIO — The Senate has confirmed

General T. Michael Moseley as the next chief of

staff of the Air Force. He is the current Air Force

General Moseley met with members of the

during his confirmation hearing. Following the

approval of the committee, his nomination was

forwarded to the full Senate which approved

the nomination just before adjourning for the

During the hearing he said his priorities

would be to further refine and improve joint

warfighting skills, continue to strengthen the

Air Force's greatest asset — its people — and

to recapitalize the aging aircraft fleet to meet

General Moseley is a command pilot with

more than 2,800 hours in the T-37 Tweet, T-

38 Talon and F-15 Eagle. He is a graduate of

Texas A&M University where he earned both

a bachelor's and a master's degree in political

Senate Armed Services Committee June 29

Vice Chief of Staff.

Fourth of July holiday.

future warfighting needs.

"The Pathfinder test data and 3A0 workload measurements will be submitted to the Air Force once the test concludes. Currently our customers are benefiting from the test itself through centralized client support, more experienced technicians and reduced workload for the wing's overstressed information managers. As of June 1, we've also eliminated client support administration as an additional duty for almost 70 people."

In Dec. 2004, Fairchild had 170 personnel designated as Workgroup Managers (WM), of which 60 were AFSC 3A0X1. During the period of this Pathfinder test network administrative rights for these designated workgroup managers will be withdrawn and only the Pathfinder WMs will have network administrative rights. After the test period, network administrative rights will be reinstated as required.

Information Managers will no longer have administrative rights to assist with any computer support. During the Pathfinder Project test period, the only point of contact for computer and client support will be the Pathfinder Workgroup Managers at 237-3084. All computer issues (e-mail, connectivity, printer, MS Office etc.) will be directed to the Pathfinder project office for resolution.

See PATHFINDER, Page A3

# AMC LSEP inspection team arriving soon



Air Mobility Command's Logistic Standardization and Evaluation Team is scheduled to visit Fairchild Tuesday through July 19 to inspect the 92nd Maintenance Group and the 92nd Logistics Readiness Squadron. This inspection is normally conducted every 18 months, often in conjunction with a Unit Compliance

The purpose of the LSEP inspection is to evaluate key logistics processes throughout

AMC logistics units thereby ensuring standardized, repeatable, technically compliant process execution.

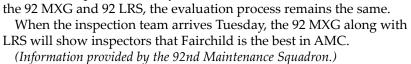
The 92nd MXG Quality Assurance Flight began preparations back in January with an emphasis on full personal evaluations. Full personal evaluations test a maintenance technician's aircraft system knowledge and competency on a multitude of maintenance tasks. A full personal evaluation is a start to finish look of an entire maintenance task. The evaluation assesses every aspect of the task from the individual obtaining tools, technical orders and test equipment to performing the actual task. Also, technicians are evaluated on documenting the aircraft forms during and at the completion of tasks, along with returning tools and test equipment to the consolidated tool kit.

"The Airmen participating in the LSEP should have no problems," said Col. Anthony M. Mauer, the former commander of the 92nd Air Refueling Wing. "They are required to abide by the guidelines and Fairchild has a history of doing well in all the installations

In January, QA inspectors established a base line of approximately 35 to 40 personal evaluations each month. By the end of May, QA increased personal evaluations to 70 per month. Both aircraft maintenance and maintenance squadrons are also conducting their own personal evaluations within their respective units.

The 92nd LRS formulated a Pre-LSEP Team with members from all six flights. Team members performed training assessments in January that resulted in a 67 percent task evaluation rate. A task evaluation rate depicts the percentage of personnel

fully certified to perform duty related tasks. The team performed monthly assessments and by the end of June brought the task evaluation rate to 91 percent. Rarely will the rate be 100 percent due to newly assigned personnel requiring upgrade training and deployments. Therefore, the 91 percent is a strong indicator that LRS is prepared for the upcoming inspection. Although, the evaluation requirements may differ between





science. In addition to holding numerous operational assignments, he commanded U.S. Central Command Air Forces and served as Combined Forces Air Component Command commander for operations Southern Watch, Enduring Freedom and Iraqi Freedom.



# TAKE A TRIP DOWN MEMORY LANE B1

From the first day to now follow Colonel Mauer's time at Fairchild and what he leaves behind for the members of Team Fairchild.



# FROM THE TOP

# New commander says: I'm ready to roll up my sleeves, join you

### **By. Col Scott Hanson**

commander, 92nd Air Refueling Wing

Rhonda and I want to thank you all for the warm welcome we have received upon our arrival at Fairchild AFB. I have had a chance to tour the facilities and meet many of the great Fairchild Team, and I am happy to report my initial impression is this is truly a fantastic wing! For those of you whom we did not get a chance to meet at the change of command ceremony, we look forward to the opportunity to serve along side of you all – including the extraordinary array of distinguished visitors, civic leaders and community supporters who attended Thursday's event. Thank you for helping make the day special for the Hanson family. We are extremely excited to be here, and are thrilled by the tremendous opportunity to command this wing!

Many of you know this was the first Fairchild change of command officiated by our 18th Air Force Commander, Lt. Gen. William Welser III. Under his leadership, our Numbered Air Force has made remarkable contributions of Air Power to coalition warfighting efforts, all while embodying a proud tradition of Mobility excellence. Upon accepting the wing flag and assuming command, I pledged to him that I will focus my energies on enhancing the wing's readiness and the well-being of you — the men and women the 92nd ARW flag represents.

In terms of my priorities, I want you

92nd Air Refueling Squadron

Bif French, Glenn Priddy and

Jacob Westwood

to know my command focus will be on our people, readiness and wing modernization — I am committed to ensuring you have the resources you need to perform your missions, the latitude to employ your talents, and the clear guidance you need on priorities in a world where there are many competing

One skill I see no shortage of in this wing is leadership. Developing leaders is an Air Force core competency, and a key ingredient in taking care of our people. The Fairchild legacy — one of excellence, and service — reflects the hallmarks of our Air Force's core, and demonstrates you clearly know how to build strong leaders. You have been recognized at many levels, to include the Air Force and Dept. of Defense, which also tells me you take great pride in all that you do. Your continued strong professional leadership will ensure that legacy lives on.

And while our mobilized forces are deployed at extremely high rates, friends and families remain behind — facing the challenges that separations bring. There are many facets of these demands — we must continue to ensure we are on the look-out for ways to best utilize the support structures designed to help those who might have special needs related to the continuing combat tempo we operate

In terms of readiness, your track record speaks for itself. By providing critical air refueling capability you have helped

project coalition airpower in multiple combat theaters, and by doing so have helped free millions of Afghan and Iraqi citizens from the bonds of tyranny, as well as helping secure the homeland. You have not only fixed and flown airplanes around the globe, but have provided expeditionary combat support and medical services in multiple theaters of war — often times in harms way. From the back-shops to Balad; from the flight kitchen to Kyrgyzstan, you have demonstrated you are truly professional, expeditionary Airmen.

I also recognize we face additional challenges on our immediate horizon - our LSEP starts next week, and the operational readiness inspection is just around the corner in September. I know you've worked hard to prepare, and I'm confident your professionalism in all arenas will be reflected in our inspectors' assessments. I'm ready to roll up my sleeves and join in the efforts. Let's show them what we are made of!

We also have an obligation to improve the places where we work, live and play for those that will follow us. We will continue to modernize our facilities, our combat power, and how we fit into the Future Total Force team.

These are some of the challenges we face as our military evolves to meet the threats of the 21st century, and your leadership is crucial to our success and to meeting those evolving challenges. Each one of us touches someone else in



Col. Scott Hanson

our roles as leaders. Whether you are a shift supervisor, one of our Key Spouses, of perhaps a flight commander — you all have a direct impact on the combat readiness of this wing. And your efforts to boldly lead will help propel our Airmen to even new heights!

I thank you each for your selfless contributions and for your service to this great nation during these extremely challenging times. By maintaining the Fairchild tradition of excellence, I see a very bright future ahead indeed.

I look forward to seeing you in your work centers and around the base – Aim High!

Shahab Mesbah

**COMMANDER** Col. Scott Hanson

**PUBLIC AFFAIRS CHIEF** 2nd Lt. Ethan Stoker

**CHIEF OF INTERNAL/ SUPERINTENDENT** Master Sgt. Scott King

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**STAFF WRITERS** 

Staff Sgt. Nathan Gallahan Senior Airman Christie Putz

> PHOTOGRAPHIC **SUPPORT**

92nd Visual Information 92nd Multimedia

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# **Public Affairs**

1 East Bong Street Building 2285, Fairchild AFB Office hours are: 7:30 a.m. until 4:30 p.m.

Copy submitted for publication may need to be edited to conform to the Associated Press Stylebook and for length.

Letters to the editor are encouraged, as well as feedback about the paper and its content. For more information, call 247-5705 or fax 247-2120.

# **Deadlines**

Deadline is noon on the Friday a week before publication date. Submissions are preferred as Microsoft Word documents, Times New Roman font, 12 pt. and double

E-mail submissions to: 92arw.pa@fairchild.af.mil

# Classified Ads

For advertisement information or to address advertisement and delivery concerns, call the Cheney Free Press at (509) 235-6184.

# **LET US KNOW WHAT** YOU THINK!

Letters to the Fairchild Connection editor and staff may be sent to 92arw.pa@ fairchild.af.mil

1 E. Bong Street, Suite 117A Fairchild AFB, WA 99011

or

### 92nd Medical Operations **92nd Logistics Readiness** 92nd Medical Support Squadron Squadron

Robert Niewoonder

The following 1st lieutenants have been selected for promotion to captain.



92nd Aircraft Maintenance

Matthew Shovelski

Squadron

**PROMOTIONS** 

# Celebrating a final flight here



(Left) Colonel Anthony M. Mauer, the former commander of the 92nd Air Refueling Wing, taxis in under the arch of water from the crash trucks.

(Above) Kathy Mauer and daughter Julie help out in soaking Colonel Mauer following his final flight in a Fairchild KC-135 Stratotanker Tuesday.

# COMMANDER'S DIRECT LINE

Squadron

Carl Close and Jaesin White

# **Concern: PT uniform concerns**

Sir, While attending the Neighbor Days festivities at Riverfront Park, I noticed in the distance an individual wearing the PT Uniform Shirt with other civilian clothes. I attempted to contact the individual but was unsuccessful.

My question is this. Are we allowed to buy extra shirts and wear them with civilian clothes? I here a lot of rumors and would like to be prepared when my folks come and ask me about this new uniform. Thank you.

Your question is very timely. There has been some confusion about the new PT Uniform and although guidance has been published through e-mails, not everyone has received it. The quick answer to

your question is no, the PT Uniform is not designed nor allowed to be mixed and matched with civilian attire. It was designed to be a distinct uniform that would provide the uniformity required for mass unit PT. There are very specific requirements for the PT uniform wear. Following is the most up to date guidance:

- T-shirt (may wear short or long sleeve) must be worn tucked into shorts.
- Warm-up suit, jacket, when worn, will be at least half zipped and hood will be stored and zipped when not worn. Pants, when worn will be zipped at legs.
- Pt shorts, spandex shorts and leggings (navy blue or black) may be worn under pt shorts (full length leggings may be worn during cold weather periods).
- Socks must be white -- ankle or calf length and small conservative trademark logos may be worn on socks. Shoes must be a conservative color (i.e., white, black, dark blue, etc.) • Hats are not required. Individuals
- may wear a black or navy blue (emblem/ logo free) knit cap or optional Air Forcestyle ball at their discretion. If an optional Air Force-style ball cap is worn, it must be black or navy blue and the only emblem allowed will be the Air Force symbol. Additionally, organizational hats will not be worn with the Air Force PT Uniform. This policy applies to all AMC personnel.
- Saluting is not required when performing PT activities, however when meeting individuals displaying

appropriate rank and not performing PT activities, regardless of uniform type saluting is required.

- Hair for males must meet AF standards, females hair must be neat and not allowed to hang loose below the collar; it will be tied back (not to say it must be above collar but must be tied).
- Reflective belt wear will be at the
- discretion of the installation commander. • Jewelry wear will follow normal uniform wear rules (remember safety).
- Body art (tattoos) standards apply (refer to AFI 36-2903).

- Col. Anthony M. Mauer former commander, 92nd Air Refueling Wing

The Direct Line is an integral part of the base feedback network. It's one way to help make Fairchild a better place to live, work and play. Write, e-mail or call 92nd ARW/PA • 1 E. Bong St. Suite 117 • Fairchild AFB, WA 99011 • 92arw.pa@fairchild.af.mil • 247-2323

### Mission Capable Rate Aircraft can fly all or some of it's assigned mission (84 percent or higher is compliance) Non-Mission Capable MXS Aircraft cannot fly assigned mission. Controlled by the speed and accuracy of maintenance. (12 percent or lower is compliance) Non-Mission Capable Supply Cannot fly mission controlled by the availability of spare parts. (8 percent or lower is compliance) **Departure Reliability Rate**

Percentage of home station departures that are on time

(95 percent or higher is compliance)

# **UPCOMING EVENTS**—

Today, 11:30 A.M. Farewell Luncheon for Lt. Col. Hayes

Miller Park **Saturday-Sunday** 

Guard Weekend 141st Air National Guard

Tuesday, 10 A.M. 92nd Civil Engineer Squadron Change of Command

Squadron parking lot Wednesday, 10 A.M. 92nd Aeromedical Dental Squadron Change of Command

Deel Community Center

Thursday, 10 A.M. Inland Northwest Blood Drive Deel Community Center

Thursday, 6 P.M. Farewell Dinner for Chief Speer

July 15, 7:30 A.M. Innkeeper Eval inbrief Club Fairchild

Club Fairchild

July 15, 3:30 P.M. Retirement Ceremony

for Chief Speer 92nd Air Refueling Wing White House

SINCE SEPT. 11, 2001 **Sorties Flown** 16,408 **Hours Flown Receivers Met Fuel Offloaded** 781.746.850 lbs. **Fuel Consumed** 430,462,223 lbs.

# INDEX— **POLICE BLOTTER**

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# 92nd MDG welcomes new commander

# By Senior Airman Christie Putz

92nd ARW Public Affairs

The 92nd Medical Group said farewell to its former commander and welcomed a new one during a ceremony in front of the wing headquarters building June 30.

Colonel David Womack, the former commander of the 92nd MDG, has now retired and passed on the responsibility of commanding the squadron to Lt. Col. Barbara Jefts, the new commander of the 92nd MDG.

Colonel Jefts received her commission in 1987 and began her career as a clinical nurse with the 60th Medical Group at Travis Air Force Base, Calif. She now joins the Fairchild Team from the 55th Medical Group at Offutt Air Force Base, Neb., where she served as the chief nurse executive.

The colonel has spent a total of more than 30 years practicing nursing since receiving her baccalaureate degree and hopes that her experience in the career field, teamed with her former commanding experiences, will help carry on the legacy of excellence that the 92nd MDG has achieved, she said.

Her other goals for the group include providing world-class health care by partnering with military and civilian agencies, and operating safely within the realities of current budget and personnel constraints.

Her command philosophy is

simple: Teamwork.

"We must team not only within the group but also with the wing and our community partners to achieve optimal wellness for our beneficiaries

and sustain a force that is 'Fit to

Fight," said Colonel Jefts. Her personal philosophy is to take the risk and assume integrity, then build trust, she

And although her efforts for the next few years will be specifically targeted at the Fairchild group, she doesn't fail to see the bigger picture.

"People are our most valuable asset," the colonel said. "No matter how good our air, space and information weapons systems are, they cannot be effectively employed if our 'human weapons systems' are not at full capacity."

The 92nd MDG plays an important role in assuring Team Fairchild is prepared through prevention and wellness, treatment of disease and injury and fostering fitness of the body and mind, she said. In addition, they provide services in garrison and deployed while also taking care of families and helping keep the promise of healthcare for retirees.

Colonel Jefts joins team Fairchild with her husband, David Haymond.



A safe on for the road

Lt. Col. John Arias, the chief of the 92nd Safety Office and acting director of staff, passed out 'safety sodas' along with other volunteers June 30 reminding people to be safe during the long weekend.

# Order of the Sword registration

A Web site has been created for Air Mobility Command enlisted members who want to attend the July 29 Order of the Sword ceremony honoring Gen. John W. Handy, commander of U.S. Transportation Command and Air Mobility Command. To sign up for the ceremony, visit https://private.scott.amc.af.mil/special/shirtconference/registration.cfm. For more information, contact the local wing command chief's office.

# SECURITY FORCES BLOTTER.

### June 24

## Assault:

A civilian base contractor telephoned the Security Forces Control Center to report an assault that occurred. Security Forces patrols made contact with victim, also a civilian contractor, who stated that while conducting post-flight procedures he became upset at the suspect due to his failure to utilize proper procedures. The victim stated that he confronted the suspect to ask him why things were not being conducted properly, and at this point the suspect pushed him out of the office and told him to leave. The Spokane County Sheriffs Office was briefed, responded and assumed the investigation.

# June 25

# Domestic assault:

An active-duty Air Force member contacted the SFCC to report that an active-duty member had been assaulted with a box cutter knife by an AAFES employee during an argument, and that the subject had departed the scene in a black vehicle. Fire Dispatch was contacted and dispatched an ambulance to the scene. The victim was treated by base hospital personnel who recommended he transport himself to Deaconess Medical Center for further medical care. The victim stated he was at his residence with his son when the subject arrived and "started problems."

The subject was at the residence to retrieve personal property after divorce proceedings. A witness stated that the victim attempted to keep the subject out of the house by placing his arms across the doorway. The subject forcibly pushed the victim's arms out of the way and slapped him/her in the face to gain entry to the house. The victim stated subject found a beach bag at the residence left behind by one of the witnesses and used a box cutter to cut the bag, purposely damaging it. The victim attempted to stop the subject from cutting the bag and was cut on the left wrist, leaving a two inch laceration. The victim tried to push the subject out of the residence when the subject again cut him/her, this time on the left bicep and left elbow, leaving two three-inch

lacerations. The subject departed the residence after the confrontation. SF patrols located the subject's vehicle in the parking lot of the BX. The subject was contacted in the parking lot, detained and transported to the Security Forces Squadron for a preliminary investigation. SFCC contacted Spokane County Radio who dispatched two patrols. Spokane County conducted an investigation and then arrested the subject for 2nd Degree Assault and issued the subject's witness a citation for Falsified Document to a Public Official.

# June 26

# Child neglect:

An active-duty member telephoned the SFCC to report an unattended child at Burger King. The complainant stated the child was seen left alone for approximately two hours. Security Forces arrived on scene and made contact with the victim, who stated that his grandmother had left him at Burger King while she went to the Base Exchange and the Commissary.

While SF was still on scene, the grandmother returned to retrieve the victim. SF escorted the victim and subject to the SFCC to await Spokane County Sheriffs Office, who assumed the investigation.

# June 27

# Civil arrest of a military member:

Spokane County Jail contacted the SFCC to report that an active-duty member had been arrested at his residence for domestic violence/ assault. The subject was arrested by Spokane Police Department. No further information was available.

# Larceny of military property more than \$100:

An active-duty member entered the SFCC and stated that a government cell phone was in his personally owned vehicle, which was parked in the garage at his/her residence. The complainant noticed his garage had been broken into and the passenger side window on his vehicle had been forced open. He noticed the above property as well as some personal property was stolen. He reported the incident to Spokane Police Department as well.

# June 28 No incidents to report:

### Juna 2

# June 29 Suspicious package:

A K-9 patrol notified the SFCC, while conducting a random vehicle inspection with his Military Working Dog, the dog alerted on a vehicle at the main gate. Security Forces patrols were briefed and dispatched. Once on scene, the Fire Chief made contact with SF on scene commander and ensured a 360 degree cordon was established. EOD arrived on-scene and began a search of the vehicle. After physically inspecting the vehicle, EOD deemed the vehicle non-suspicious. The Fire Chief terminated the response and traffic was allowed to return to normal

# Minor in possession:

A SF patrol radioed the SFCC and reported that while conducting a walking patrol with another SF patrol, he heard a loud noise from the patio area of Survival Billeting. SF patrols made contact with two active-duty members who were identified as underage and possibly intoxicated. During the preliminary investigation both subjects emitted a moderate odor of intoxicants from their person and both verbally stated they had consumed alcohol. Both were detained and transported to the Security Forces Squadron. SF patrols performed Field Sobriety Tests on both parties, who exhibited signs of intoxicants.

The SFCC contacted the 92nd Staff Judge Advocate who recommended SF not conduct a Portable Breath Test or request a search authorization of Breath or Blood to determine the presence of alcohol. Both subjects were advised of their rights and advised they were under investigation for Article 92 of the UCMJ for Failure to Obey a Lawful Order or Regulation for underage drinking. Both subjects acknowledged their right and were willing to provide written statements. Both admitted to drinking beer and stated the beer was located outside in the patio area upon their arrival and were unaware of who purchased the beer. Both subjects were released to their First Sergeant.

# PATHFINDER, continued from page A1

Pathfinder personnel will take one of two actions: The technician will make every effort to fix the problem over the telephone by explaining the fix action to the individual or by remote access into the individual's computer. If the above actions do not fix your problem, Pathfinder personnel will be sent to your duty location to correct the issue.

To this point, feedback has been good from Fairchild customers

"The feedback we have received from customers so far has been very positive," said Master Sgt. Todd Cogdill, NCOIC of the Pathfinder Work Group Management Team for the 92nd CS. "We track feedback by using a customer feedback critique. There are four categories: Did the technician have the right tools? Did the technician answer your questions? How was the timeliness of service? Was the technician professional and courteous? We encourage people to fill out the forms."

Fairchild was selected to be the test site for Pathfinder based on its size, base population, the willingness to perform the test and its Network Control Center's operations and management capability.

Some areas of concern for the program are; ADPE custodians will need to bring new computers

to the Pathfinder office to have all necessary software loaded. Password resets will require the individual to go to the Pathfinder office with their ID card and new personnel to Fairchild must in-process through the Pathfinder office to have their user account established.

The main goal is the fair and balanced utilization of Information Managers and better allocation of resources to meet mission needs.

"We've exceeded all of our expectations in the level of service we've been able to provide to our customers, even while manned at only 60 percent of our 20 authorized positions," Sergeant Cogdill said.

"We have extremely eager and capable technicians who are learning new processes and procedures everyday, and using their experience to steadily reduce our service call times. When the test successfully concludes, these NCOs and Airmen will be absorbed back into our organizations where we can take advantage of their newly acquired knowledge, skills and experience. In the larger scheme, the 92nd Air Refueling Wing continues to step up

to the challenge.

Our participation today will lay the groundwork for the future utilization of one of the largest career fields in the Air Force."

# **BRIEFLY**

### **Estate claim notice**

Any person who has a claim for or against the estate of Capt. Shad Strother should contact Capt. Carol Kish. She can be reached at 247-5169 or 7108989, or email carol.kish@fairchild.af.mil.

### Defense tip of the week

Once the commander serves notice of intent to impose nonjudicial punishment under Article 15 of the Uniform Code of Military Justice, the individual has three duty days to respond. The first choice to be made is whether or not to accept Article 15 nonjudicial punishment proceedings. The individual may either accept the Article 15 process or demand the right to a trial by court-martial. For further information regarding your rights when offered Article 15 nonjudicial punishment call the Area Defense Counsel's Office at 247-2918.

# Mandatory movers' assignment listing available

RANDOLPH AIR FORCE BASE, Texas

— The Enlisted Quarterly Assignment
Listing for people returning from
overseas and CONUS mandatory
movers from November through
January 2006 will be available Tuesday.

Airmen need to work through their military personnel flights or their commander's support staff to update their preferences by July 28. Deployed personnel must work with their PERSCO representative to update assignment preferences. Airmen will be notified of their selection by mid-August, according to Air Force Personnel Center officials here.

EQUAL advertises upcoming assignment requirements, by Air Force specialty code and rank. People should review, prioritize and update their assignment preferences based on the EQUAL list.

People can view the lists by logging into the Assignment Management System at https://afas.afpc.randolph.af.mil/amsweb/master.cfm or view it at the local MPF.

# AAFES removes certain products from shelves

DALLAS — The Army & Air Force Exchange Service will remove products containing the solid form of pseudoephedrine from all store shelves effective July 31.

These items include Advil Flu & Sinus, Aleve Cold & Sinus, Claritin D and Tylenol Allergy Sinus.

The affected items will be replaced with products containing phenylephrine, an acceptable substitute for pseudoephedrine, as a relief for sinus congestion.

Tim Calkins, AAFES buyer for cold and cough products, explained that AAFES has already identified the replacement products, and will start shipping them to AAFES stores in July before the start of the cold and cough season.

To date, 16 states have passed legislation restricting the availability of cough and cold medicines containing the drug pseudoephedrine in solid form. AAFES has decided that removal of these products from all of its stores is in the best interest of all military communities.

# Trespass at your own risk

The Combat Arms Ranges located at Bldg. 2076 and Bldg. 2074, behind the Security Forces Squadron, and the grenade launcher training area located just off Pumphouse Road are off-limits to all unauthorized personnel.

Not only is trespassing illegal, it is dangerous because of gunfire. Do not enter if the red flag is flying as firing is in progress. If people have any questions about the firing ranges and their rules and regulations, contact Tech. Sgt. Rainbolt, 247-5150/5160.

# Lending a helping hand

The Fairchild firefighters would like to thank the base community for donating \$3,400 in support of the second annual "Fill the Boot" fund raiser for the Muscular Dystrophy Association.

Your contributions will be used to purchase wheel chairs, send kids to camp and facilitate research for children with this debilitating illness in the local area.

# Airmen, Spiritual Strength and Core Values

Our lives changed when we took the oath to defend our nation and put on the uniform of an Airman. But what was that change? Was it merely symbols — uniform, rank, and badges? No, it was a transformation from whoever we were before to someone vested in higher order values, a transformation into a part of something bigger than ourselves. We come from all walks of life, from every part of our Nation. We are different people from diverse backgrounds and with our diversity we bring different sets of values. We have different hopes and aspirations, different goals and different beliefs. It is perhaps our Nation's greatest strength that, since its founding, we can stand shoulder to shoulder with people of different origins and beliefs for a single purpose — to serve.

As part of our service in the United States Air Force we are expected to embrace its Core Values: Integrity First, Service Before Self and Excellence In All We Do. These Values are a guide that binds us together, even as we fight for the right to be different in so many other ways. We use the word "Core" because we expect these values to be fundamental to our service, to guide our commitment to our country and our mission, and to serve as a test for the decisions we make in both our personal and professional lives. Our commitment to these Core Values means that they are more than just words posted on a wall or recited by rote. They reside in the front row of our daily lives to help us wrestle with our toughest decisions and to guide us on our path of service as Airmen.

At our Air Force Academy, we have experienced issues with expressions of religious beliefs and with perceptions that one set of beliefs is favored over others. Remember Service Before Self. Religion is intensely personal and disagreements can detract from the teamwork necessary for Air Force units. In particular, sharing personal beliefs in a professional setting, one where leaders are performing their duties in a chain of command or in a superior-subordinate relationship, can easily become improper influence about personal matters. Furthermore, it can be resented. A friend of mine recently expressed it this way: "The

core task of every leader in the profession of arms is uniting his or her people into a strong team, with levels of trust and commitment so high the unit keeps working well even under extreme pressure. Everyone in a unit contributes to that task." Anything that detracts from that teamwork ultimately detracts from the mission.

What does this mean about how leaders should approach spiritual strength? Spiritual strength is an integral part of leadership. Our greatest leaders are able to elevate the human spirit and inspire extraordinary performance. Spiritual strength is what drives us to make sacrifices for others, for our Nation, and for the greater good. For some, a commitment to a specific religious faith is a source for that spiritual strength, but not for all. For some, it is their heritage and the experience of a community of people within our human family. For others, it is the way they were touched as individuals by a family member, teacher, or leader's work of faith or charity. As we stress our Core Value of Service Before Self, we see spiritual strength as its foundation, whether or not an individual sees himself or herself as religious.

Faith and religious freedom were fundamental to the founding of this Nation. Chaplains are part of our profession of arms and have a unique charter: to minister to those who share their specific faith, to facilitate ministry to those of other faiths, and to care for all — including those whose spiritual strength does not come from religious belief. Our chaplains should set the example for mutual respect among different faiths and beliefs. Service Before Self.

There will be more specific guidance about expressions of personal religious beliefs. This guidance will emphasize mutual respect and the wingman culture fundamental to all Airmen. The expression of personal preferences to subordinates, especially in a professional setting or at mandatory events, is inappropriate. More importantly, we should always be guided by our Core Values. That's what makes us the superb Airmen that we are.

(Information provided by General John P. Jumper as stated in the CSAF Sight Picture.)

# Liberty, freedom: An Airman's journey

By Maj. Dani Johnson

5th Bomb Wing Base Public Affairs

MINOT AIR FORCE BASE, N.D. — Imagine living in a society where the length of a man's hair or a woman's skirt is determined by the government; where liberty and freedom are nonexistent to the majority. Sound far-fetched? Not for one Airman here; it is how he grew up.

Chaplain (Capt.) Jin Choi, 5th Bomb Wing chaplain, was born in South Korea in 1964 and spent his first 19 years in Seoul under the reign of President Park Chung-hee.

"(President Park) was a military dictator and took over the country for more than 20 years. There was nobody to compete with him," Chaplain Choi said. "He ran the whole country, and since the military was in charge, whatever he wanted, happened."

The United Methodist chaplain realized something was not right in his birth country when he was in junior high, and then more obviously, while in high school.

"If you said something against the president or the government, you would just disappear somewhere, your career and possibly your family would be ruined," he said. "You were told what to wear, what to look like. With the guys, if your hair was too long, the cops would get you, and since they carried scissors, they would cut your hair right there on the street.

"Everything was regulated. We didn't wear uniforms in elementary school, but in junior high and



Airman Christopher Bo

MINOT AIR FORCE BASE, N.D. — Chaplain (Capt.) Jin Choi (right) talks with Senior Airman LeJanena Manzay here. Chaplain Choi grew up in South Korea and immigrated to the United States with his parents at age 19. Chaplain Choi is a 5th Bomb Wing chaplain, and Airman Manzay is a 5th Logistics Readiness Squadron supply apprentice.

high school we did," the chaplain said. "I went to the first westernized high school started by an American Methodist minister. When dignitaries came in, we would have to go out into the streets and wave flags. I didn't like it. One time I just went home, and later the teacher took roll call and I wasn't there. When I got back to school the next day, I got a beating. Your liberty and freedom was very limited."

Chaplain Choi immigrated to the United States with his parents, brother and sister in 1984. He entered college and then went to seminary.

(For the full story, visit http://www.af.mil/news/story.)

# SECAF talks about course in Iraq

### By Tech. Sgt. Melissa Phillips

407th Air Expeditionary Group Public Affairs

ALI BASE, Iraq — During acting Secretary of the Air Force Michael L. Dominguez's visit here, he said part of the reason he came was to pass on a message.

"I want to let you know how deeply appreciated your service is by the men and women of the United States," said Secretary Dominguez.

"There is a debate in our country about where we are going in Iraq, how long we'll be here and if we should have a deadline on operations here.

"That is a healthy part of our democracy at work, but don't think for a minute that Americans don't support our men and women in uniform," he said, adding that only one outcome is definitive in his mind.

"What is clear and certain is this air base will be a part of a free, sovereign, democratic and prosperous Iraq, because of what you've achieved here today," he said.

As in all other wars past, he acknowledges this battle is not without its risks.

"Iraq is a dangerous place

still. The enemy is wily, crafty, tenacious, imaginative...if you can image the worst possibly traits in the enemy – you got it," he said.

Secretary Dominguez stated that he wished he had a crystal ball to tell Airmen where they would possibly deploy in the future, but he said there is one thing he knows for sure.

"The enemy we fight today is global and stateless..., and that global nature is a challenge," he said. "We will go to where states are struggling to control what's happening inside their borders."

For the full story visit, http://www.afnews.af.mil/iraq/tallil/063005-secaf-ali.htm. **SECTION** 

July 8, 2005

# **FAIRCHILD CONNECTION**

# Lighter Side

Features • Community • Services • Sports

**UNIFORM CHECK** 

Members are required to wear a specified uniform when performing military duties, such as duties on other services' installations and are required to abide by TDY dress orders.



Colonel Mauer had a variety of opportunities to interact with the troops at Fairchild. Some of his events included jet washes, the refurb process and the construction of the main gate.



One of Fairchild's most challenging projects was the removal of the steam plant. Colonel Mauer and a former group commander started the attack on the tower, which came down last fall.



Colonel Anthony M. Mauer, the former commander of the 92nd Air Refueling Wing, met President George W. Bush during a visit to the Spokane area and Fairchild.

# Colonel Mauer Bids a Fond Farewell

By Col. Anthony M. Mauer former commander, 92nd ARW

Wow, what a ride! The time I've spent as the commander of the 92nd Air Refueling Wing has unquestionably been the best two years of my life, and it's with great nostalgia that I move on to a new duty station and a new position. However, as much as I will miss the men, women, and mission of Team Fairchild, I am comforted by the capable hands in which I will leave this office, and I look forward to watching Fairchild from afar, as you continue to do the great things I have witnessed you do countless times during my tenure here.

I remember hearing for the first time about the kind of talent I would later come to expect from every unit in this Wing: I had stopped at Air Mobility Command headquarters on my way to Fairchild, and in the course of speaking with various functional directors, I picked up on what they were saying. As each one wished me well, they found a way to slip in some high praise for the individuals they had sent here ... it didn't take me long to get the hint! I quickly realized that every single good word was more than justified.

When I took command, I asked the members of Team Fairchild to be the best at what you do. The analogy I used was that of a football team; there can be only one quarterback, but without solid experts in each position, the team cannot succeed. As I was proud to say at my one-year point, we have had a winning season! The wider view afforded me by serving here has taught me that, like the "football team" that makes up this Wing, the 92 ARW itself has an indispensable role on the greater Air Force team. We may not get that constant quarterback glory, but without the phenomenal, unique capability of

our tankers, the Air Force could not execute the missions of the world's only superpower.

A singular feature of the KC-135 community is its teamwork ethos; the excellence displayed by every member of Team Fairchild enables excellence in our mission. While this is by no means a complete list of Fairchild's many awards, it will undoubtedly serve to show the kind of recognition our units routinely receive. The 92nd Medical Group captured the 2003 Air Force Surgeon General Award for Excellence in Mission Support and Stellar Customer Service, the Air Force Aeromedical-Dental Squadron of the Year Award and Best Medical Logistics Flight in AMC in 2003, AMC's Best Pharmacy and AMC Clinical Team of the Year in 2004, and the 2003/2004 AMC Medical Treatment Facility of the Year, just to name a few.

Not to be outdone, our Mission Support Group can claim Air Force Five Star Fitness Program recognition, Best AMC Child Development Center, Best Outdoor Recreation program, and Best Large Category Innkeeper and Hennessy Excellence in Food Service Awards ... and that's just the Services Squadron! Our Civil Engineers boast the Brigadier General Archie Mayes Award for Best AMC CE Flight, AMC Outstanding Civil Engineering Unit Award, AMC Environmental Flight Award, Verne Orr Award for AMC's Outstanding Civil Engineering Squadron, the Colonel Frederich Riemer Award for AMC's Outstanding CE Readiness Flight of the Year, and the General Thomas D. White Cultural Resources Management Award. Logistics Readiness won the Thomas P. Gerrity Logistics Award for best logistics support in the Air Force, and the Daedalian Award for AMC's Best Logistic Readiness Squadron. Mission

Support added to the list with the Mission Support Squadron, Family Support Center, and Best Military Personnel Flight in AMC.

The Operations Group contributed AMC Brigadier General Ross G. Hoyt Award nominations for Most Outstanding Air Refueling Aircrew, and won the AMC Large Unit Operations Support Squadron of the Year, Best AMC Intelligence Unit, Best AMC Combat Weather Team, and the AMC Meteorological Achievement Award. The Maintenance Group added its AMC Maintenance Effectiveness Award, and Director of Staff units earned AMC's Best Financial Analysis Budget Office, Best AMC Small Chapel, the Staff Judge Advocate Excellence in Discipline Award, and AMC's Outstanding Contribution to Financial Management Transformation Award.

The greatest testament to the expertise and diligence of the members of the 92 ARW, however, are the results of our 2004 AMC Unit Compliance Inspection: An overall "Outstanding." Named "the best seen in 25 wings inspected since 2002," Fairchild stood head and shoulders above its peers, once again demonstrating the excellence that makes so many other units' missions possible.

The teamwork, pride, and dedication exhibited by the men and women of this Wing was brought home to me again when I saw the first of our refurbished KC-135 aircraft. The Maintenance troops who made it happen had an innate understanding of the quality necessary to push the value of our mission even further into the minds of our fellow Airmen—they needed no coaching to be the best, and their work embodies Tanker Pride.

As I say one last goodbye, just remember: Play doesn't begin until we snap the ball ... NKAWTG!

# Ten tips for a smoother move...

- Start moving early—the earlier the better. 120 to 90 days out plan what is needed to arrange the move; 90 to 60 days out review those initial plans and make any changes; 60 to 30 days out review and refine the plans more realistically based on any changes as before; 30 days out visit the Traffic Management Office with a copy of official relocation orders. Personnel without a copy of their official orders should see their Personnel representative for an official memo. Bring all necessary information. Request and schedule a personal property briefing with requested packing and pickup dates, and be as flexible as possible with briefing and/or moving dates.
- Be prepared for the personal property briefing appointment. It's recommended that movers bring their spouses to the briefing, have updated information, know what they want, write down and bring any questions with them and know and understand what they can and cannot do, and what their responsibilities are, as well as the government's and the carrier's.
- Use any Web sites available to better prepare for the move, i.e. the AF MOVE Web site at http://afmove.hq.af. mil/default.asp Be sure to jot down and discuss ideas with family members as appropriate.
- Know the weight or the amount moved with last move when figuring an estimate of the present move, and give this information to the TMO counselor. If weight allowance is exceeded, request a reweigh of the property.
- Know what options are available and what is

- authorized if the requested moving dates are not available. • If property is in non-temporary storage do not release
- it until a delivery address is given. Contact the TMO office, the local TMO office or any Personal Property Processing or Shipping Office if en route for any assistance.
- Use non-temporary storage if appropriate and authorized for members going to schools, personnel going TDY en-route PCSs, single or unaccompanied enlisted and officers assigned to sea duty, retirees and separatees without a delivery address and/or personnel who are not sure where they want to ship their property.
- Reduce the need for temporary storage by being ready to accept personal property when it arrives. Give any updated information on your delivery address including contact information to the responsible TMO or PPPO/ PPSO who oversees the move.
- If appropriate and applicable for overseas moves, be sure to review the latest available contents of the Personal Property Consignment Instruction Guide general instruction page for the country/base/location. Be sure to pay particular attention to the PPCIG restrictions and import/export requirements for motorcycles, privatelyowned vehicles and firearms.
- First move or last move? Anyone unsure of the procedures, with questions on entitlements or just need general information should call Denise Olds at 247-5628 or Staff Sgt. Dana Haslett at 247-4791.
- (Information provided by the Traffic Management Office.)



# Taking your career to new heights

Master Sergeant Christopher Mohr, the first sergeant with the 92nd Civil Engineer Squadron, performs his final reenlistment with the help of Lt. Col. Sal Nodjomian, the commander of the 92nd CES. The ceremony was performed midway down a water tower near the 336th Training Group.

# INFORMATION, TICKETS AND TRAVEL



# **NFL Seattle Seahawks tickets** available for sale

Seahawks vs Atlanta Falcons Sept. 18 Seahawks vs Dallas Cowboys Oct. 23

Seahawks vs St Louis Rams Nov. 13

Football season is fast approaching and these games can sell out quickly. Price is \$85.00 per person and includes bus, game ticket and a meal from Club Fairchild.

ITT already has one bus filled to capacity for the Cowboys and the second bus is filling up quickly, so if people want any of these games, call ITT at 247-5649 and make reservations.

The deluxe bus comes complete with reclining seats, TV's, VCR's and a bathroom.

### **Upcoming events**

TicketsWest upcoming events available through Information, Tickets and Travel:

**Star Theater:** 

Neil Diamond Sept. 18

\$42.50-75.50

**Big Easy:** Dredg

July 23 \$10.00 Ani Difranco Sept. 8 \$31.50

Northern Quest Casino:

Kenny Rodgers

Today \$50.00-65.00

Guy Lombardo with his Royal Canadians Saturday \$30.00 Don McLean

\$35.00-45.00 Pam Tillis

July 23 \$35.00-45.00 Julie Roberts

\$35.00-45.00 July 30 KC & the Sunshine Band \$50.00-55.00 Aug. 6

For more information on these or other TicketsWest events, call 247-5649.

### Silverwood discount tickets

Silverwood is now open for the summer season, except for the water park, and ITT has discounted tickets. Tickets cost \$28 for adults and \$17 for children and seniors. Tickets for the Lion King go on sale

Saturday. For more information on these or other TicketsWest events, call 247-5649.

# MOVIES FRIDAY at 7 p.m. SATURDAY at 1 p.m. Star Wars: Episode III

2 hours, 26 minutes

Rated PG-13 for sci-fi violence and some intense images

Anakin Skywalker remains the Jedi apprentice of master Obi-Wan Kenobi. Battling dark forces that threaten the Republic, the duo quickly eliminates enemy Count Dooku, and Anakin proves--as he states more than once--that his powers have doubled.

### SATURDAY **Mindhunters**

1 hour, 46 minutes

Rated R for violence, strong graphic images, language and sexual content

Val Kilmer plays the trainer at the FBI's serial-killerprofiling school; he sets up elaborate field games based on previous cases and the students have to crawl inside the minds of these twisted killers while avoiding getting killed or going nuts in the process.

# **JULY 15** The Longest Yard

1 hour, 53 minutes

Rated PG-13 for crude and sexual humor, violence, language and drug reference

Fed up, Crewe drunkenly steals his unfriendly wife's luxury car and drives it into a multi-car pileup. This lands Crewe in a cruel Texas state penitentiary. Warden Hazen wants Crewe to help lead his well-equipped prison-guard football team to the league championship.

# **JULY 16 Kicking and screaming**

Rated PG for thematic elements, language and humor.

Will Ferrell plays vitamin salesman Phil Weston. Unfortunately for Phil, these qualities have never quite endeared him to his tough-as-nails father, Buck who will stop at nothing to one-up Phil.

Theater doors open at 6:30 p.m. except for the matinee which begins at 2 p.m., and the movie starts promptly at 7 p.m. Children 5 and under are admitted free, 6 to 11 are \$1.75 and adults are \$3.50. Call 247-5600 for a list of movies and times or to leave a message.

# AIR FORCE CROSSWORD

### **ACROSS**

- 1. Slightly open
- 5. Native American people in Missouri/Kansas
- 10. Pacific continent, in short
- 13. Kimono
- 14. Musical instrument 15. Ancient Peruvian
- empire 16. Iranian currency
- 17. Snare drum 18. Immediately in the ER
- 19. Federal cryptology
- 20. Middle East inhabitant
- 21. Callow
- 22. T-6 24. Hurricane center
- 26. Former kingdom of Tunis ruler
- 28. F-22
- 33. Alaska town 36. Epochs
- 39. Lemon alternative
- 40. Gag
- 41.

- Arbor 42. Oklahoma town
- 43. Mocks
- 44. This and 45. Free trade agreement,
- in short

- 46. Large boats 48. Flightless bird
- 50. Records, in short 52. Molecules
- 56. Agenda 60. Paves a road
- 63. Swab the deck
- 64. Cain's brother 65. Range
- 66. Away from the wind
- 68. Christmas carol 69. Examination
- 70. RO-4 Global
- 71. Barbie's friend
- 72. Questioner 73. Rear
- **DOWN** 1. Flight info.
- 2. E-8 3. Crush
- 4. Loosen
- 5. Gas pump number 6. Char
- 7. Actress Jessica
- 8. C-17 9. Runway ending, in
- brief 10. Against
- 11. Future combat system X-45
- 12. Fulfill 15. A rose \_\_\_ rose...

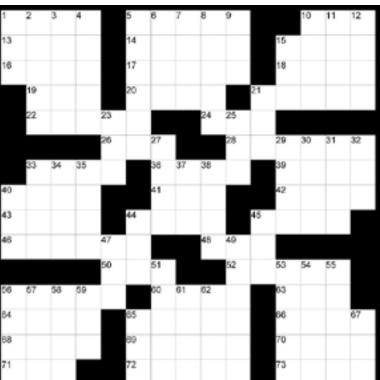
- 21. Teacher's org. 23. Honest , Lincoln nickname
- 25. What wks. lead to
- 27. Cheer
- 29. Defendants' response
- to charges 30. Hue
- 31. Forget Sea
- 33. California wine valley 34. Oil cartel
- 35. Lattice 37. Cell genetic info
- 38. Poker bet 40. T-1 \_hawk
- 44. Kitchen meas. 45. To destroy, as a fire
- 47. Give affection, in short
- 49. See 8 DOWN 51. See 2 DOWN
- 53. D-Day beach
- 54. Tooth 55. Erupts
- 56. Army vehicle 57. Musical instrument
- 58. Hammer part 59. Sick
- 61. Madly 62. Bumpkin

67. \_\_\_! A mouse!

65. College student concern

# This week's topic:

# Planes of the '90s and beyond



# By Capt. Tony Wickman, Alaskan Command Public Affairs

1 hour, 36 minutes



# **Formal Training notification**

The next undergraduate flying training selection board will convene at the Air Force Personnel Center Jan. 10, 2006. This selection board will review active duty applications for selection to pilot, navigator or air battle manager training. Those officers with a date of birth after April 1, 1976 and a TFCSD after April 1, 2001, who meets all other eligibility criteria, will be eligible to apply for UFT.

Applicants must send the completed application, postmarked by 23 Nov 05, to HQ AFPC/DPAOT3, 550 C Street West Suite 31, Randolph AFB TX 78153-4733. Applicants are responsible to advise commanders/supervisors providing AF IMT215 comments of the application deadline. Applications with incomplete or missing data may not be processed. All applicants need to complete the Air Force Officer Qualification Test. In addition, pilot applicants must complete the Basic Attributes Test.

For more information on application procedures, see AFI36-2205 or contact the Base Formal Training Element at the MPF.

### **FUS Classes available**

Voluntary Force Development offers Officer 101 Wednesday, 8 a.m. to noon, at the Base Education Center, in Room 113. The class will benefit 2nd lts, 1st lts and captains without SOS, and enlisted personnel interested in a commission.

The course involves managing an officer career and enhancing a member's potential for success. Subjects taught include: evaluations, promotions, career planning, broadening opportunities, importance of technical training, adherence to standards, professional organizations, planning for retirement, decorations and awards.

To enroll, e-mail the Education Center at apthorp@fairchild.af.mil. Include name, rank, unit, and duty phone.

### Study Skills Class

This seminar is designed for those returning to school after a long absence. The primary focus of study skills is to introduce individuals to time management in order to balance the demands of

school and working life. Other modules include memory, reading for comprehension and test taking tips.

In this course the student will assess their learning style, make a study calendar and establish goals. Upcoming classes will be held from 7:30 a.m. to 4:30 p.m. on the following dates: July 13, Aug. 10, Sept. 14.

For more information, e-mail terry. apthorp@fairchild.af.mil to enroll.

# **Voluntary Force Development** Instructors are needed

Many current instructors are leaving the area. If people are interested in teaching courses in communication skills, leadership and management, career management, conflict management, motivation and goal setting or giving recognition, this is an opportunity.

Instructors are needed in all grades whether active duty or civilian. Training and lesson plans from previous instructors are available. Classes are normally taught during duty hours for 2 to 4

Class dates are based on the instructor's

If interested in volunteering to instruct courses, contact Mr. Ottmar at 247-4209 or e-mail dennis. ottmar@fairchild.af.mil.

# **BASE CHAPEL SCHEDULE**



9 A.M. **SUNDAYS** 

Protestant Contemporary

10-10:15 A.M. **SUNDAYS** 

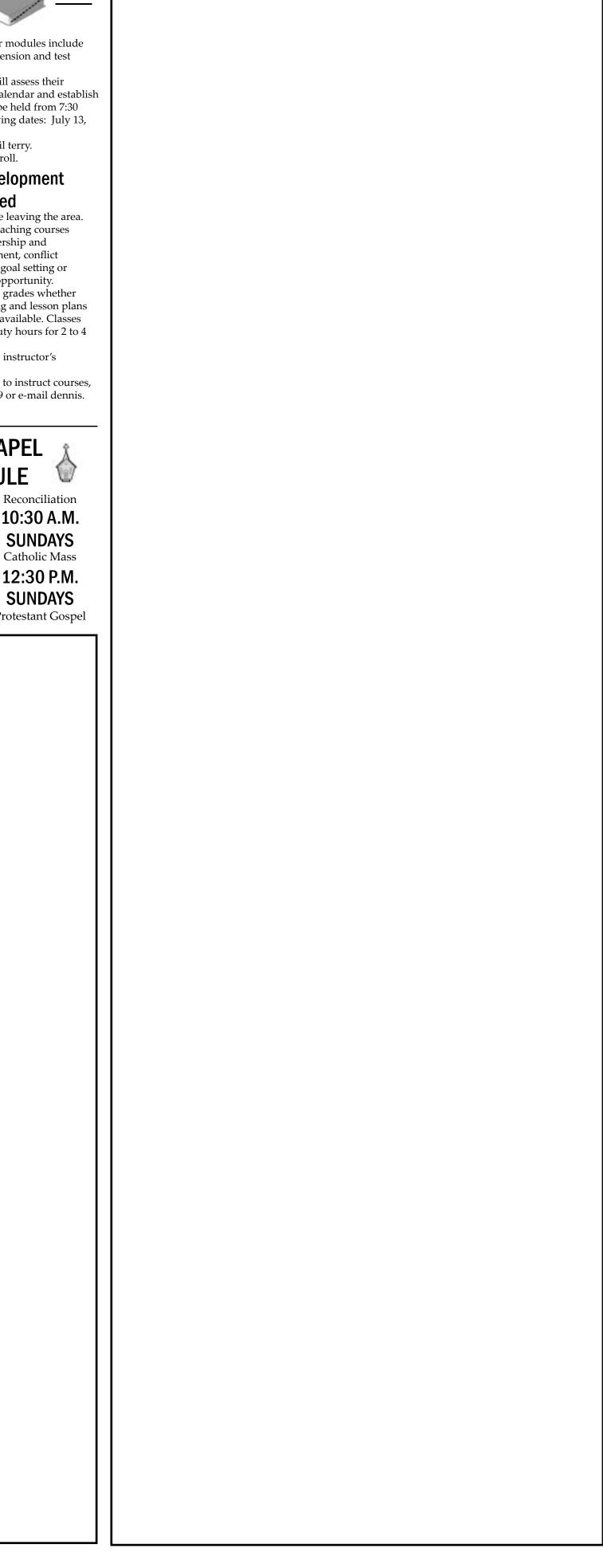
Catholic

Reconciliation

10:30 A.M. **SUNDAYS** 

12:30 P.M. **SUNDAYS** 

Protestant Gospel



# **SERVICES PRESENTS**

# Air Force Club Membership Card has a new look

**By Jennifer Chiras** 

92nd Services Squadron

The merger of Bank One with Chase Bank has provided Air Force clubs an exciting opportunity to re-design the current club membership card. The current card was deployed in 1999, and no changes have been made to it since that time. Due to the merger, Chase Bank is "re-branding" all previous Bank One cards including the club membership card.

Over the last several months, the club division has been working with Chase Bank and developed several possible card designs. Those designs were worked and re-worked and a selection was made and reported back to Chase Bank to put into production. The new design depicts the Thunderbirds, and incorporates the Chase logo and Services logo. The result is a completely fresh, new look members will be proud to have and

The new cards are scheduled to be "mass reissued" currently in the August - September time frame. The new card retains the same membership benefits, rate and terms. All MasterCard club membership cards will be issued in August. Members will receive their new cards along with an invitation to enroll in the Military Free Cash program. All Private Label club membership cards will be issued in September. Prior

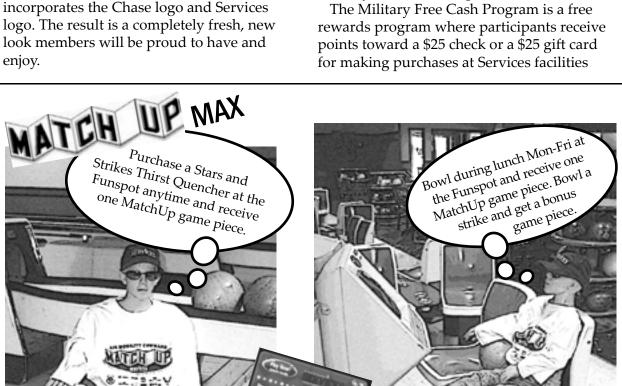
to their reissue, Chase Bank reviews all Private Label cardholders for the possibility to upgrade them to MasterCard. Those that are upgraded will also receive the offer of the Military Free Cash Program.



and/or the Base Exchange.

"This is just one more great benefit of being a club member," said Tom Craig, the manager of Club Fairchild.

The gift certificates can be used at a wide variety of world-class merchants including Chili's, Borders, Blockbuster, Macy's, Best Buy, Olive Garden, Home Depot, Pizza Hut and much more. For more information, call Club Fairchild at 244-3622.



Register and get the Fairchild MatchUp events list at

http://public.fairchild.amc.af.mil/services.

### Job Ready Skills

Want to land a job? Join the Teen Center for a few seminars that can assist job seekers in preparing cover letters and resumes and help get job seekers ready for interviews with their future employer. Find out how to win a free entrance to the next Lock-in for 13-18 year olds. Class dates are July 15, 23, 29 and August 5 from 3-5 p.m. The deadline to sign up is close of business of today. This seminar is free to Youth Program members. For more information, call 247-8043.

### National Kids Day Water War

The Teen Center is having a Wicked Wet Water War and Relay Games for National Kids Day August 5 from 3-8 p.m. This is a rain or shine event. Bring water guns, wear swim gear and sunscreen for this event. Join the Teen Center for splash ball tag, slip and slide races and other related games. There will be freeze pop breaks and alternatives in case of inclement weather. For more information, call 247-8043.

### Family Movie

In celebration of National Kids Day, the Youth Center hosts a family movie August 7 at Miller Park. Families are encouraged to bring picnics, blankets and camp chairs. Popcorn will be available. For more information, call 247-5601



# **CLUB HAPPENINGS**

### Cruising to the patio

Cruise to the patio and show off your ride.

• July 29 from 4:30-7 p.m.

• Car owners will receive a beverage discount.

### Cook your own steak

August 5, cook your own steak on the patio. • 5-7 p.m. at the Hollywood North patio

• \$7.95 for members including steak, potato and salad

### **Lunch Food Court**

Come in for a great lunch.

MatchUp event Thursday and Friday

- Tuesday Friday, 11 a.m. to 1 p.m. • \$6.50 for members, additional \$2 for
- non-members • Includes designer salads
- Ice cream and dessert bar included with meal

### **Great Barbecue To-Go**

Order Jason's Barbecue To-Go during the week. MatchUp event

- Wednesday-Friday, 11 a.m. to 8 p.m.
- Please allow two hours for preparation. • Choose from Baby Back ribs, barbeque chicken, beef or pork.
- Members receive \$1 off when they order items over \$4.

### Family Night

Bring in the family for a great meal.

- Every Thursday, 5-8 p.m.
- 8 years and up \$4.95 per person, 5-7 years - \$2.95 per person
- under 5 eat for free
- \$3 pitchers of soda
- Family movie
- Buffet style dinner, various menus each week.

Club members and their families only.

### Kegs to Go

Order a keg for the next party at the Club.

- Prices run from \$30 to \$150
- No deposit required
- Price includes tap, ice, and cups

For more information on any of the events or specials above, call 244-3622.

# FROM THE HAWC'S MOUTH

# This week's topic: Can grilling foods give me cancer?

"I recently read an article that grilled foods are associated with cancer? Cooking over an open fire has been around as long as primitive man utilized fire., How accurate is this information?"

The American Institute for Cancer Research has linked eating grilled meat, poultry, and fish with certain health risks. Grilling and broiling can cause "muscle meats," red meat, poultry and fish, to produce cancer-causing compounds. These compounds, called HCAs or heterocyclic amines, have been shown to cause tumors in animals and possibly increase the risk of cancers of the breast, colon, stomach and prostate in humans.

When fat from meat, poultry or fish drips onto hot coals or stones, another cancercausing substance can be formed. PAHs (polycyclic aromatic hydrocarbons) can be deposited back onto food through smoke and flare-ups.

This doesn't mean the end for you grill aficionados; there is no need to eliminate grilling and broiling completely. First, muscle meats are the major concern. According to most researchers, grilled vegetables and fruits, burnt toast and "blackened" dishes, in which only the seasoning is charred, present a substantially lower risk. Second, it is still possible to enjoy barbecued meats. Here

are some tips for limiting the formation of HCAs and PAHs when you grill.

TIPS:

- Grill veggies and fruits instead of meats
- Marinating meats before grilling may
- significantly reduce the amount of HCAsTrimming the fat and skin beforehand
- results in less fat to drip on the flames
   Keeping meat portions small will result
- in less time on the grill

   Avoid letting juices drip into the flames
- or coals, which causes smoke and flare-ups
   Remove all charred or burnt portions of
- food before eating
  Always practice food safety avoiding cross contamination of raw meats to
- Serving utensils; never baste with used marinating liquid, which may contain raw meat portions; and refrigerate foods that are marinated longer than 30 minutes

One of the most effective ways to reduce the formation of cancer-causing compounds in grilled meats, poultry and fish is to marinate foods before grilling. Studies have shown that even briefly marinating foods is effective in reducing the amount of HCAs- in some cases, as much as 92 to 99 percent. Scientists aren't sure exactly what causes this effect. Marinade may act as a "barrier", keeping the flames from directly touching the meat. Or, the protective powers may lie in the

ingredients of a typical marinade. Vinegar, citrus juice, herbs, spices and olive oil all seem to contribute to the prevention of HCA formation. About a half-cup of marinade is needed for every pound of food, although large pieces may need more to adequately cover the food's surface.

Assorted vegetables, sliced into thick rounds (zucchini, eggplant, bell peppers, red onions or summer squash). Lean meat, skinless poultry, fish or firm tofu cut into 2 inch cubes.

In a bowl, combine marinade ingredients until well blended. Add food to be grilled and turn several times until all sides are coated. Marinate for 30 minutes in the refrigerator. Thread skewers with meat and vegetable, keeping the meat together and veggies together due to varying cooking times. Make additional marinade for basting and grill away.

If people have any questions about safe food preparation, cancer prevention, or healthy lifestyle choices feel free to contact the HAWC at 247-5590 or stop in and visit with the various programs available.

Send questions to 92arw.pa@fairchild.af.mil Subject line: "From the HAWC's Mouth"

# Want a chance to be in your hometown paper?

Personnel within 30 days of receiving an award, promotion, returning from deployment or achieving an accomplishment not listed can fill out an DD form 2266 and submit it to the Public Affairs office for processing. For more information, call 247-5705.

# SPORTS & HEALTH

July 8, 2005			JI OILI & IILILIII	nttp://public.fairchila.amc.aj.mil/pa
Italian garden soup Mexican baked chicken swiss steak w/tomato sauce stuffed green pepper on the cob	LUNCH  Italian garden soup lasagna spaghetti w/meat sauce Italian sweet sausage mashed potatoes	TODAY		
pepper pot soup crispy baked chicken Cajun meat loaf ribeye steak baked potatoes broccoli glazed carrots	pepper pot soup fish almondine stir fry chicken w/ broccoli pork chops w/ mushroom gravy rissole potatoes	SATURDAY		
cream of broccoli soup tuna and noodles Sauerbraten chicken breast parmesan au gratin potato	cream of broccoli soup ginger BBQ chicken fried shrimp, breaded spinach lasagna orange rice	SUNDAY		
roast turkey baked ham fish and fries mashed potatoes corn bread dressing	swiss steak w/tomato sauce baked chicken sweet Italian sausage steamed rice	MONDAY		
Clam Chowder paprika beef chicken fajitas O'Brien potatoes cauliflower corn on the cob	sweet and sour pork chicken chow mein Sukiyaki white rice egg rolls	TUESDAY		
pita pizzas country style steak fried chicken oven brown potatoes bean combo	Caribbean Jerk chicken beef porcupines chicken enchiladas scalloped potatoes Mexican corn	WEDNESDAY		
beef noodle soup Mr. Z baked chicken pepper steak Pasta Primervera mixed vegetables fried okra green beans	beef noodle soup orange-spiced chops liver w/onions Tempura fried fish rissole potatoes broccoli peas and carrots	THURSDAY		
	DINNER  Italian garden soup Mexican baked chicken swiss steak w/tomato sauce stuffed green pepper on the cob  pepper pot soup crispy baked chicken Cajun meat loaf ribeye steak baked potatoes broccoli glazed carrots  cream of broccoli soup tuna and noodles Sauerbraten chicken breast parmesan au gratin potato  chicken noodle soup roast turkey baked ham fish and fries mashed potatoes corn bread dressing  New England Clam Chowder paprika beef chicken fajitas O'Brien potatoes cauliflower corn on the cob  chicken w/rice soup pita pizzas country style steak fried chicken oven brown potatoes bean combo  beef noodle soup Mr. Z baked chicken oven brown potatoes bean combo	Italian garden soup Mexican baked chicken swiss steak w/tomato sauce stuffed green pepper on the cob  pepper pot soup crispy baked chicken Cajum meat loaf ribeye steak baked potatoes broccoli glazed carrots  cream of broccoli soup tuna and noodles Sauerbraten chicken breast parmesan au gratin potato  chicken noodle soup roast turkey baked ham fish and fries mashed potatoes corn bread dressing  New England Clam Chowder paprika beef chicken fajitas O'Brien potatoes cauliflower corn on the cob  chicken w/rice soup pita pizzas country style steak fried chicken oven brown potatoes bean combo  Deef noodle soup Mr. Z baked chicken pepper steak Pasta Primervera mixed vegetables fried okra  Italian garden soup lasagna spaghetti w/meat sauce Italian sweet sausage mashed potatoes ctream of broccoli soup ginger BBQ chicken fried shrimp, breaded spinach lasagna orange rice  chicken noodle soup swiss steak w/tomato sauce chalman sweet sausage mashed potatoes cream of broccoli soup ginger BBQ chicken fried shrimp, breaded spinach lasagna orange rice  chicken noodle soup swiss steak w/tomato sauce stuffen pot soup fish almondine stir fry chicken w/ broccoli soup ginger BBQ chicken fried shrimp, breaded spinach lasagna orange rice  chicken noodle soup swiss steak w/tomato sauce baked chicken sup fish almondine stir fry chicken w/ broccoli soup ginger BBQ chicken swiss steak w/tomato sauce soup swiss steak w/tomato sauce shalmondine stir fry chicken w/ broccoli soup ginger BBQ chicken fried shrimp, breaded spinach lasagna orange rice  chicken noodle soup swiss steak w/tomato sauce baked chicken sweet Italian sausage steamed rice  chicken chow mein Sukiyaki white rice egg rolls  chicken w/rice soup Caribbean Jerk chicken enchiladas scalloped potatoes heef noodle soup orange-spiced chops liver w/onions Tempura fried fish rissole potatoes broccoli	Italian garden soup Mexican baked chicken swiss steak w/tomato sauce stuffed green pepper on the cob  pepper pot soup crispy baked chicken Cajun meat loaf ribeye steak baked potatoes broccoli glazed carrots  cream of broccoli soup tuna and noodles Sauerbraten chicken breast parmesan au gratin potato  chicken noodle soup roast turkey baked ham fish and fries mashed potatoes corn bread dressing  New England Clam Chowder paprika beef chicken fajitas O'Brien potatoes cauliflower corn on the cob  New England Clam Chowder paprika beef chicken fajitas O'Brien potatoes cauliflower corn on the cob  chicken w/rice soup pita pizzas country style steak fried chicken pepper steak Pasta Primervera mixed vegetables fried okra  Dinner Lunch Italian garden soup lasagna spaghetti w/meat sauce latilian sweet sausage mashed potatoes sure sauce latilian sweet sausage mashed potatoes stir fry chicken w/ broccoli soup ginger BBQ chicken gried shrimp, breaded spinach lasagna orange rice  Chicken noodle soup swiss steak w/tomato sauce baked chicken sweet Italian sausage steamed rice  Dinner Lunch Italian savegt sausage mashed potatoes witr fry chicken w/ broccoli soup ginger BBQ chicken gried shrimp, breaded spinach lasagna orange rice  Chicken noodle soup swiss steak w/tomato sauce baked chicken sweet Italian sausage steamed rice  Dinner Lunch Italian sweet sausage mashed potatoes witr fry chicken w/ broccoli soup orange rice  Cream of broccoli soup soup swiss steak w/tomato sauce fitchen noodle soup swiss steak w/tomato sauce baked chicken sweet Italian sausage sweet and sour pork chicken chow mein Sukiyaki white rice egg rolls  Caribbean Jerk chicken sylvier w/onions  Tempura fried fish rissole potatoes broccoli	DINNER  Italian garden soup Mexican balced chicken swiss steak wytomato source stuffed green pepper on the colo  pepper pot soup crispy baked chicken. Caiun meal loan ribeye steak baked potatoes broccoli glazed carrots broccoli glazed carrots of source s